

EPILEPSY ASSOCIATION

ARE YOU OR SOMEONE YOU KNOW AFFECTED BY EPILEPSY?

Learn ways to better manage your physical and emotional health.

Contact the Epilepsy Association at 216-579-1330 or tmiller@epilepsyinfo.org to learn about this free, virtual, 8-week course, led by a nurse and a person with epilepsy to share ideas about how to best manage your life with epilepsy.

2025 DATES:

Wednesdays March 12-April 30th : 6-7pm

Wednesdays July 9-August 27th : 1-2pm

Wednesdays October 1- November 19th : 6-7pm

Get information and sign up today!

“THIS CLASS HAS BEEN A CONFIDENCE BUILDER FOR ME. THIS CLASS HELPS ME FEEL LIKE I’M NOT THE ONLY ONE AND TAUGHT ME TO KEEP GOING”

-Testimonial from a participant in the program



epilepsyinfo.org